



BARRINGTON YOUTH FOOTBALL LIGHTWEIGHT AND HEAVYWEIGHT FAMILIES

July 10, 2011

Welcome to the 2011 Barrington Youth Football season. Your child will be participating in either the "Lightweight" or "Heavyweight" division for the 2011 season. The designation of a Lightweight player is a player who weighs under 125 pounds with his game pants and t shirt on. Players weighing more than 125 pounds are designated as Heavyweights. For the first two weeks of workouts we will be conducting joint conditioning practices so the boys get a chance to build camaraderie and get to know their mostly middle school teammates. As the players progress into pads and participate in contact drills, the players will be separated by their division. In addition, 8th grade players starting conditioning weighing at or above 128 pounds with their pants with pads and a t shirt on will be designated as Heavyweights for the upcoming season.

We would like to stress that our main objective is to make sure every player has fun, learns the game of football and most importantly feels good about themselves. Winning is a plus, but not at the sacrifice of any player's self worth. We feel we have done our job if all players finish the season having learned more about the game of football, they feel good about playing on a team, and the parents feel their child had a positive experience.

We strive to align each player with the appropriate position for their success as an individual and as part of the team. We will do our best to communicate in a timely manner with you. As you can imagine, we have a lot of work to prepare all of the boys appropriately for the upcoming season, but know the importance of good communication with the players and their families.

Communication - will either be done via email or by phone from the head of your son's division. We have a large group of players so most of the initial communications will be done via email so please make sure we have all of the relevant email addresses from you and that you are reading your email on a regular basis. You can also go online, www.barringtonbroncos.com to get important dates or league information.

Also, the league, TCYFL, has its own site that is very informative - www.TCYFL.net All game schedules, game rules and team standings are listed on TCYFL during the season.

Here are some very important dates:

Remaining Equipment Pick Up – Langendorf Park parking lot, south of the equipment shed and the skateboard park this **Saturday, July 9th, from 8am-10am**

Pre-Season Practices & Evaluation: Monday July 25th- Friday Augustth, note that each Friday may be an optional practice day depending upon the skill and conditioning progression of the players.

Location: Barrington High School Field

Time: 5:30 - 8:00pm (July 25th- Augustth)

6:00 – 8:00 pm (Week of August 8th, team practices)



- July 25th-July 28th (Monday-Thursday); players should wear shoulder pads, rib guards and helmets with mouth guards, but not football pants.
- July 29th –August 5th (Friday-Friday), players should wear their full equipment including practice pants. Each player is required to have 10 hours of conditioning prior to starting in full equipment. If your player has not met such requirement as of the start of a practice session, they should come to practice in shoulder pads and helmets.
- Bring plenty of water to drink! Please let us know if your child has an existing medical condition or allergies.

August 8th – This is our date to announce teams .. Team practice will be in full pads and start the week of August 8th. Practice locations for each individual teams will be assigned some time in late July.

Please make sure that your son's equipment is put on correctly: shoes tied tightly, shoulder pads and rib pads secure, an athletic cup, etc. This is important for your son's safety!! If you have any questions, please see one of the coordinators at the beginning of practice.

****PLAYERS ARE NOT ALLOWED TO WEAR THEIR GAME PANTS OR GAME JERSEY TO PRACTICE.**

At the Lightweight level, we will form a Big 10 and potentially 3-4 Pac 10 teams. At the Heavyweight level we will form a Big 10 team and 1-2 Pac 10 teams.

The Big 10, or "A" team, will consist of approximately 18 boys and will play on Sundays.

The Mac, or "B+" team, will consist of the next approximate 18 boys and play on Saturdays or Sundays. There will be equal playing time, 11 on, 11 off. It is not yet determined if we will have a MAC team at Lightweight. There will be no MAC team at Heavyweight.

The Pac 10, or "B" teams, will be equally divided and play on Saturdays. There will be equal playing time, 11 on, 11 off.

Once school starts, we will practice 3 days per week. The specific days are determined by the each team's head coach.

Scrimmage Date- August 20th. We will be holding all BYF scrimmages this year at Beese Park on the East and West Fields.

Our first games will be the weekend of August 27th and 28th- Traditionally, we play nine games and possibly 2-3 playoff games.

Other important dates:

August 21st (Sunday). Please mark your calendars. This is the BYF Kick-off Event. Team and individual photos, Punt, Pass and Kick, and Sports Leader rollout will take place this day. We will also have a lot of fun planned for the whole family.



August 25th, (Thursday) 6:00pm, Barrington High School Pep Rally All tackle teams participate

We look forward to meeting you, coaching your son, having a great season!

If you have any questions or concerns at any time, please feel free to contact me or our representatives on the BYF Board. GO BRONCOS!

Heavyweight Level Head

- Jeff Holdsberg (c) 847-309-9987 and e-mail: jholdsberg@caltius.com

Lightweight Level Head

- David Coon (c) 847-691-2708 davidcoon14@yahoo.com